

## **Important reminders for all visitors to the DFC:**

- All visits to the DFC must be done by reservation (no drop-in). Please refer to the information below on how to reserve your timeslot.
- Please do not arrive earlier than your scheduled timeslot. Likewise, please structure your workout, or match, or swim so that you can be out of your lane, off your court, or packed up and heading out at the end of your reservation.
- The playground, basketball courts, lower playing field, picnic shelter, and tennis courts 7 through 10 (hard courts) are not available or accessible at this time. We are in the midst of repairing and rebuilding the tennis and basketball courts, so for the safety of all involved we are restricting access to that area of the club.
- The family restroom on the patio is open and accessible.
- Sinks and bathrooms are available in the locker rooms, but the lockers are not available. Locker rooms capacity is 4 people.
- Check-in by membership card in the breezeway as you enter.
- All water fountains are turned off and the snack bar is closed. The water bottle filler on the patio is functioning.
- Guests are allowed for tennis play only. No guests allowed for family socials, lap swim, or fitness.
- **Lastly, we ask that all of our visitors do their part for protecting the collective health of our DFC Community.** According to local, state, and federal guidelines, this includes:
  - Self-monitoring your health and staying home if you feel sick or have any symptoms of COVID-19.
  - Wearing a face covering while entering and moving about the DFC.
    - **Face coverings are required at all times while inside buildings, including the clubhouse, locker rooms, and fitness room.**
    - **While outside, face coverings may be removed during exercise only**
  - Maintaining at least 6 feet of distance between you and other DFC members and staff, and avoiding close contact.
  - Washing your hands often! We also recommend you bring your own hand sanitizer and use frequently.

## **LAP SWIM**

- Lap lanes can be reserved through an [online reservation system](#) or calling in to the office. You need an account to access it, which can be done by clicking "Create Account" from the reservation home page.
- The lap pools are restricted to one person per lane, or two people from the same household per lane. Sunbathing on the deck will not be allowed at this time.
- Only members ages 18 and over may access the lap pools. No children allowed past the entry gate.
- Reservations can be made up to 48 hours in advance.
- Lanes can be reserved in 15-minute increments. Total time and total swims may be adjusted to allow everyone a chance to use the facility. Please refer to the [online reservation system](#) for the most current restrictions.
- Lockers are not available, so please come dressed in your swimming gear and be prepared to store your items with you on the pool deck.
- DFC provided equipment such as kickboards, pull buoys, and noodles will not be available.
- A reminder that the pools close for 30 minutes after each thunder/lightning. Reservations that are interrupted due to weather events will not be extended into the next sign-up.

## **DFC FITNESS ROOM**

- **Face coverings are required at all times while inside the DFC clubhouse, including the fitness center.**
  - *Please plan your exercise routine accordingly.*
- Fitness room sessions can be reserved through our [online reservation system](#) or calling in to the office. You need an account to access it, which can be done by clicking "Create Account" from the reservation home page.
- During this initial period:
  - Workouts are limited to 1 hour with a maximum capacity of 8 people per timeslot
  - Members are limited to 1 reservation per day and 5 reservations a week (Monday through Sunday)
  - A transition period is scheduled between sessions to allow cleaning and congestion free changeover.
- Once at the Fitness Room:
  - Members will be responsible for cleaning and disinfecting all equipment they use and touch

- Each member must pick up their own disinfectant bottle before going into the fitness room and keep it with them throughout their workout. Disposable paper towel dispensers are stationed around the room.
- During your workout, you must maintain at least 6 feet of distance from your fellow exercisers
  - Keep at least one exercise machine between you and others at all times
- At the end of your designated workout time, place the bottle in the “To Be Cleaned” bin and staff will disinfect it for the next user
- As we are asking our swimmers and tennis players, please come dressed to workout and do not plan on using the locker rooms to store belongings.
  - Sinks and bathrooms are available in the locker rooms, but the capacity remains at 4 people. Please be mindful and efficient when using the locker rooms so as to not keep others waiting.

## **TENNIS**

- Tennis courts can be reserved through our [online reservation system](#) or calling in to the office. You need an account to access it, which can be done by clicking “Create Account” from the reservation home page.
- Courts can be reserved for up to 2 hours.
- Courts can be reserved up to 48 hours in advance.
- Tennis balls and equipment may be purchased at the office, and please reach out directly to [Coach Mike](#) to schedule a racket restring.
- Ball machine availability is dependent on the hard court availability. For the period of time when the hard courts are closed for construction and resurfacing, the ball machine will not be available.
- USTA provides some great playing tips and recommendations on [how to play safe tennis](#) during this health crisis.