

2020 Aqua Devils Practice Schedule				
DATE	AGE GROUP	DAY	TIME	LOCATION
<b>Preseason skill clinics for returning Aqua Devil swimmers</b>				
May 3 - Free & Flip Turns	9 yrs old & up	Sunday	3:30 – 4:30pm	Lap Pool
May 10- Breast & Open Turns	9 yrs old & up	Sunday	3:30 – 4:30pm	
May 17 – Back & Open Turns	9 yrs old & up	Sunday	3:30 – 4:30pm	
May 11 – May 14	Evals for <b>new</b> 8 & under swimmers only	Mon - Thur	4:30 – 5:30pm	Lap Pool
May 18 – June 11	6 & under	Mon - Fri	4:30 – 5:00pm	Main Pool
	7-8 yr olds	Mon - Fri	5:00 – 5:45pm	
	9-10 yr olds	Mon - Fri	5:45 – 6:30pm	
	11 & up	Mon - Fri	6:30 – 7:30pm	
June 12 – July 10	11 & up	Mon - Fri	7:00 – 8:00am	
	9-10 yr olds	Mon - Fri	8:00 – 8:45am	
	7-8 yr olds	Mon - Fri	8:30 – 9:15am	
	6 & under	Mon - Fri	8:45 – 9:15am	
<i>June 12– July 10</i>	<i>Evening practices (Limited Space***)</i>			
	<i>All ages</i>	<i>Tue &amp; Thur</i>	<i>7:00 – 8:00pm</i>	

\* Registration forms and fees must be submitted before participating in practices or clinics  
 \*\*\* Contact the Team Email to sign-up for evening practice time ([dfc.swimteam@duke.edu](mailto:dfc.swimteam@duke.edu))

2020 Swim Meet Schedule			
DATE	MEET	HOME/AWAY	TIME
Sat, May 30	Intrasquad	Home	8:30am
Sat, June 6	Eno Valley	Home	8:30am
Sat, June 13	Parkwood	Home	8:30am
Wed, June 17	LJCC	Home	5:30pm
Sat, June 20	Woodcroft	Home	8:30am
Sat, June 27	Hope Valley Farms	Away	9:00am
Sat, July 11	Championship Meet	Cary, NC	8:00am-6:00pm

Additional Dates to Note		
DATE	EVENT	TIME
Sun, April 19	Interest meeting for those new to swim team	3:00pm
Wed, April 22	Last day to register with discounted fee	
Thur, May 14	Last day to register for swim team	
Sun, May 17	Meet the coaches/Team social	4:30pm
Sun, July 12	End of season awards banquet	TBA