**Purpose and Goal:** The DFC Summer Camp is a fun recreational adventure for rising 1st-7th grade children. Our goal is to provide a safe, exciting, active, and enjoyable summer experience. By incorporating games, sports, swimming, arts and crafts, nature, and creative activities, we aim to provide a new, interesting, and above all FUN environment.

**Staff:** The DFC Summer Camp is administered by professional staff members of the Duke Faculty Club. The counselors and other staff members are highly motivated individuals who have previous experience working with children. The camp staff are trained in CPR/AED and First Aid and attend a pre-camp training which includes information on effective communication tools, age appropriate activities, disciplinary expectations, conflict resolution, motivational techniques, children with special needs, and on-site emergency procedures. Ongoing staff training occurs throughout the summer to reinforce the skills taught at training. To ensure quality programming and increase child safety, we maintain a low child to staff ratio.

**Registration:** Nine sessions are offered June through August 2019. A registration form and 50% deposit must be turned in to the main office for each camper to secure a spot. **Full balance for all enrolled sessions is due by close of business on June 5, 2019.** An additional $100 late fee will be added to any remaining balance after this date. Any new registrations received after June 5 will require full payment to secure a spot. Please refer to the registration form for prices, payment schedules, and deadlines.

**Cancelations, Transfers, and Refunds:** All Summer Camp cancelations must be made through email with the DFC Camp Director, Tracey Holman (tracey.holman@duke.edu). Cancelations or transfers must be made no later than one week prior to the enrolled session to allow for a partial refund or transfer to another week, space permitting. Any requests to transfer between DFC camps are subject to a $25 transfer fee. All cancelations for weekly sessions are subject to a $50 cancelation fee. Transfers within one week of the enrolled session will not be permitted. Refunds will not be given for any cancelations made within one week of the enrolled session.

**What Campers Should Bring:** Campers should come to camp dressed for a full day of fun, games, and pool time. To ensure your child’s items return home with him/her, please label items with your camper’s name. Every day, campers should bring:
- Play clothes and closed-toed or athletic shoes (no sandals, crocs, flip-flops, boots, or dress shoes)
- Sunscreen, bathing suit, and towel
- Bagged lunch (unless enrolled in the lunch option)
- Snacks such as fruit snacks, crackers, and granola bars are provided at mid-morning and mid-afternoon. **Please note:** The snack bar is not open to campers during camp hours.

**What Not to Bring:** All camper’s backpacks, lunches, and personal belongings are stored in cubbies at the activities building. We ask that you not allow your child to bring anything of value to camp, including:
- Cell phones, tablets, handheld video games, or Kindles
- Trading card collections (e.g. Pokemon)
- Water guns and other toys
- Books
- Sporting equipment

If your camper has a cell phone, they may store it in their bag; however, they are not permitted to use the phone during camp hours.
**Camp Information**

**Morning Check-in:** Campers begin and end their day at the picnic shelter and nearby activity areas. Campers check in at the picnic shelter or by the camp staff located in the lower loop of the parking lot. This alternate option provides parents with curbside drop-off, so you do not have to park (unless you choose to do so). Campers who are not enrolled in the morning extended camp option are to be dropped off between 8:30am-9:00am. Checking in campers after this window should be done at the DFC main office. Extended camp check-in is done inside the downstairs activities building.

**Afternoon Check-out:** A parent/guardian or authorized individual whose name is written on the Camper Registration Form are the only people who will be able to sign out a camper. Afternoon check-out will take place at the picnic shelter (or inside the activities building in inclement weather) between 3:15pm-3:45pm. **Signing your child out at any other time must be coordinated and communicated in advance with the Camp Director**. Extended camp check-out is done inside the downstairs activities building.

**Extended Camp Hours:** Parents who wish to drop off their campers as early as 7:30am and/or pick them up as late as 5:30pm can enroll in extended camp. Due to the varying frequency of children arriving and being picked up, these hours are not as programmed as the normal camp day. Campers will be able to participate in the supervised individual or group activities in the activities building, playground, outdoor basketball courts, and field.

**Camp T-shirt:** All campers will receive one camp t-shirt which will be distributed on the first Monday of their first session at camp. We ask that campers wear their camp t-shirt on Friday, which is group picture day (unless otherwise noted in the newsletter).

**Camp Newsletter:** During the week prior to each session, you will be emailed a Camp Newsletter explaining the session’s theme, field trips, special activities, and other pertinent information. While most of camp will take place at the DFC grounds, campers may also utilize activity and outdoor spaces on the Duke University campus. Activity schedules will vary by day, time, and group.

**Friday Lunch:** Each Friday of camp, lunch will be provided for all campers in celebration of a great week. We will be having cookout foods such as hamburgers, veggie burgers, hot dogs, or pizza, with drinks and sides.
Weekly/Daily Lunch Options: Lunch will be included for all campers on Fridays the weeks their child attends camp. Parents also have the option to pre-order bagged lunches for Monday through Thursday as an add-on to camp registration. All bagged lunches will have the following options:

- Choice of sandwich (ham/turkey and cheese or peanut butter and jelly)
- Choice of snacks and fruit (chips, banana, fruit cup, crackers, etc)
- Choice of drink (bottled water, juice, chocolate milk, or Gatorade)

There are three ways to register:

- Pre-register by choosing the bagged lunch option with camp registration ($25/week)
- Register for the bagged lunch option the week before camp via email with the Camp Director ($30/week)
- Register at daily check-in for the daily option ($8/day)

The week prior to each enrolled session, all parents will receive an email with the weekly lunch menu. If you do not pre-register on your camp registration, you will have the option of registering for lunches at this time ($30/week).

Swim Lessons: Swim lessons are available to rising 1st through 3rd grade campers at an additional cost of $50/week. Swim lessons are held the 30 minutes prior to camp free swim time and facilitated by the DFC swim instructors. There will be four lessons in a session (Monday-Thursday), with Friday as a make-up day for the days camp could not make it to the pool (e.g. field trips, inclement weather, etc.). No refunds or credits will be provided for missed lessons. Swimmers will receive a progress report to take home at the end of each week’s lessons.
Inclement Weather: On days of inclement weather, all activities will be moved indoors. Camp staff are trained on where to take the campers in case of inclement weather and are responsible for indoor activities.

Illness: Please do not bring your child to camp if he/she has a fever or communicable disease. If your child develops the above symptoms while at camp, we will notify you or (if necessary) your emergency contact immediately for pick up. Your child will remain in a designated cool, quiet area with a DFC staff member until he/she is picked up.

Medications: All prescription and non-prescription medication shall be administered to your child by the camp staff. Campers are not allowed to keep medication in their personal bags/backpacks or lunch bags. All medication is to be checked in with the camp director each morning and checked out each afternoon, unless you want to leave it at camp for the week. Listed below are the medication guidelines:

- All medication shall be in the original container with the prescription label or direction label attached.
- All medication shall be accompanied by a written note containing the permission for the staff to administer the medication, dosage information, and times and dates to be given to the child.

Emergencies: In the case of an emergency or accident involving your child, you or (if necessary) your emergency contact will be notified immediately by a DFC staff member. All members of the camp staff are certified in CPR/AED and First Aid. On your camp registration form, you will list medical conditions that the camp or emergency services personnel may need to know. Please notify us if there are any changes or additions to this information.

Sun Protection: To help beat the heat, DFC camps have built in sunscreen times, frequent water breaks, indoor and shaded activities, and daily pool time. In certain weather conditions, sometimes these efforts are not enough. A few suggestions for helping us to keep your child safe in the high temperatures include:

- Applying sunscreen before coming to camp (we re-apply at morning snack time and before the pool, but it helps to have it on all day)
- Have your child drink water in the evening to re-hydrate and in the morning before coming to camp
- Send a hat and/or rash guard with your camper to help keep the sun off his/her face and body

Contact Information:
- Duke Faculty Club Main Office (919-684-6672)
- DFC Summer Camp Director, Tracey Holman (tracey.holman@duke.edu)
The DFC Summer Camp offers your camper a variety of activities ranging from games, to sports, to arts. Each week, they will participate in these activities with a new perspective as we adapt the daily routine to reflect the theme of the week.

Please see below for a sample of the daily schedule at DFC Summer Camp.

### Typical Summer Camp Day

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30-8:30am</td>
<td>AM Extended Camp in the activities building</td>
</tr>
<tr>
<td>8:30-9:00am</td>
<td>Morning check-in and drop-off (curbside or at the picnic shelter)</td>
</tr>
<tr>
<td>9:00-9:30am</td>
<td>Morning rally -- games, greetings, multi/large group activities</td>
</tr>
<tr>
<td>9:30-10:00am</td>
<td>Morning snack and small group activity</td>
</tr>
<tr>
<td>10:00-10:30am</td>
<td>Activity 1 (outdoor games, indoor games, crafts, playground)</td>
</tr>
<tr>
<td>10:30-11:00am</td>
<td>Activity 2</td>
</tr>
<tr>
<td>11:00-11:30am</td>
<td>Activity 3</td>
</tr>
<tr>
<td>11:30am-12:00pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:00-12:30pm</td>
<td>Activity 4</td>
</tr>
<tr>
<td>12:30-1:00pm</td>
<td>Group activity or optional swim lessons for 1st-3rd graders</td>
</tr>
<tr>
<td>1:00-2:00pm</td>
<td>Pool time</td>
</tr>
<tr>
<td>2:00-3:00pm</td>
<td>Afternoon snack, group activity, pack up for the day</td>
</tr>
<tr>
<td>3:00-3:15pm</td>
<td>Afternoon rally - all camp games, skits, cheers, counselor challenges</td>
</tr>
<tr>
<td>3:15-3:45pm</td>
<td>Check-out (at the picnic shelter)</td>
</tr>
<tr>
<td>3:45-5:30pm</td>
<td>PM Extended Camp in the activities building, basketball courts, or playground</td>
</tr>
</tbody>
</table>

**Games and Sports:** A variety of games are played each day at summer camp. Organized sports such as soccer, basketball, floor hockey, whiffle ball, and kickball to informal activities such as tag, capture the flag, gaga, four-square, and free play are scheduled every day.

**Swimming:** All campers will spend an hour at the pool each day for “free swim”. Please see the “Optional Add-Ons” section for information about enrolling your camper(s) in swim lessons.

**Field Trips/Special Events:** On occasion, summer camp will participate in special events and/or off-grounds field trips. The specifics can be found under the “Weekly Themes” section, as well as in the weekly newsletter sent out the week prior to the first day of the registered camp session. Please contact the Camp Director for specific questions.

**Nature Activities and Creative Arts:** Throughout the week, campers will participate in hands-on activities that revolve around the week’s theme, nature, and creative endeavors through arts and crafts activities that are interactive and fun. Activities will be planned and programmed according to specific age groups.
**Weekly Themes**

**Session 1: Summer Blast-Off**  
June 12 - 14, 2019  
*There is no camp on Monday, June 10 or Tuesday, June 11*

It’s time to kick off another great summer season at DFC Summer Camp! Connect with old friends, make new friends, and enjoy games, sunshine, and all the activities that make summer so much fun. In addition to the fun and wacky games, campers in Summer Blast-Off week will participate in a variety of creative activities. Crafts will differ depending on age groups but might include building rockets, making moon rocks, building edible solar systems, and more!  

**Special Event:** Camp Carnival at the DFC on Friday

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**Session 2: The Great Outdoors**  
June 17 - 21, 2019

Convene with nature and celebrate all things cool about the outdoors! Campers will go on nature hikes around the DFC, build bird feeders, and discover hidden treasures in our own backyard.  

**Special Event:** Traveling Tortoise Exhibit on Wednesday & overnight camp-out at the DFC on Thursday

After a normal day of camp Thursday, campers will stay on site and enjoy evening activities including a cookout, games, sparklers, campfire, and s’mores. DFC Summer Camp will provide breakfast in the morning and a pizza lunch on Friday afternoon. Contact the Camp Director for more information.
Session 3: DFC’s Got Talent!
June 24 - 28, 2019

Let your inner star shine, and show us what you’ve got! Campers will explore a variety of talents throughout the week in addition to the classic camp games enjoyed throughout the summer. A few of the activities in store are dance parties, lip sync battles, bake-offs, and trivia quiz bowls!

Special Event: DFC Camp Talent Show on Friday

Session 4: Wild World of Sports
July 1 - 3, 2019
*There is no camp on Thursday, July 4 or Friday, July 5

Learn and play a variety of sports and games! This week, campers will feature introduction to old favorites and brand new sports! Wild World of Sports will culminate in camp-wide competition on Friday featuring the sports that campers learned and played throughout the week. From wacky sports to water sports, there is something for everyone to learn and enjoy!

Special Event: Field Day! at DFC on Wednesday

Session 5: X-treme Science
July 8 - 12, 2019

Get slimy and messy with this fun hands-on week filled with science explorations and games! A variety of topics will be explored such as physics, candy chemistry, amazing slime, and lots more. We’ll “explode” volcanoes, make kites, test our building skills against Jello earthquakes, and compete in the annual summer camp egg drop!

Special Event: Field Trip to Museum of Life and Science on Thursday
**Session 6: Art-a-Palooza**  
*July 15 - 19, 2019*

Let your imagination run wild in Art-a-Palooza week at the DFC! This week will include tie-dying, awesome crafts, and many other hands-on activities that encourage fun creativity and exploration... along with all the other fun and games Summer Camp has to offer. Examples of crafts in which campers might participate are lanyard weaving, friendship bracelets, fuse beads, paper lanterns, and more.

**Special Event:** Tie-dying camp t-shirts on Tuesday & Scrap Exchange workshop on Thursday

**Session 7: Beach Bash**  
*July 22 - 26, 2019*

Cool off this summer with a water themed week to keep everyone refreshed in the sun! We will bring out the water balloons and slip-and-slides along with other pool activities. On Thursday, campers will make their way over to Falls Lake for a day of more water fun and games. The field trip will occur within regular camp hours, and DFC will provide transportation to and from the lake.

**Special Event:** Trip to Falls Lake on Thursday & Camp Luau on Friday

**Session 8: Build It**  
*July 29 - August 2, 2019*

Put your hands and brains to work with this new theme week at the DFC! Design the tallest and strongest towers, build new LEGO creations, and try your hand at woodworking along with other fun construction and design projects. Throughout the week the campers will also have a chance to work with teams to build their very best marble run!

**Special Event:** Marble Run and Straw Tower Fair at the DFC on Friday

**Session 9: Summerfest**  
*August 5 - 9, 2019*

We’ve got spirit, yes we do! Activities this week are all about participation, teamwork, competition, sportsmanship, and silly fun! Campers will compete in wacky competitions and exciting challenges that determine who will be Summerfest 2019 Champions!

**Special Event:** Overnight camp-out at the DFC on Thursday

*After a normal day of camp Thursday, campers will stay on site and enjoy evening activities including a cookout, games, sparklers, campfire, and s’mores. DFC Summer Camp will provide breakfast in the morning and a pizza lunch on Friday afternoon. Contact the Camp Director for more information.*