Purpose and Goals: The DFC Summer Camp is a fun recreational adventure for rising 1st through 7th grade children. Our goal is to provide a safe, exciting, active, and enjoyable summer experience. By incorporating games, sports, swimming, arts and crafts, nature, and creative activities, we aim to provide a new, interesting, and above all FUN environment.

Staff: The DFC Summer Camp is administered by professional staff members of the Duke Faculty Club. The counselors and other staff members are highly motivated individuals who have previous experience working with children. The camp staff are trained in CPR/AED and First Aid and attend a pre-camp training which includes information on effective communication tools, age appropriate activities, disciplinary expectations, conflict resolution, motivational techniques, children with special needs, and on-site emergency procedures. Ongoing staff training occurs throughout the summer to reinforce the skills taught at training. To ensure quality programming and increase child safety, we maintain a low child to staff ratio.

Registration: Nine one-week sessions are offered June through August 2016. A registration form and 50% deposit must be turned in to the main office for each camper to secure a spot. Full balance for all enrolled sessions is due by June 6, 2016. An additional $100 late fee will be added to any remaining balance after this date. Any new registrations received after June 6 will require payment in full to secure a spot. Please refer to the registration form for prices, payment schedules, and deadlines.

Cancellation and Refunds: All Summer Camp cancelations must be made through email with the DFC Camp Director, Madi Evans (madi.evans@duke.edu). Cancelations or transfers must be made no later than the Monday prior to the enrolled session to allow for a partial refund or transfer to another week, space permitting. Any requests to transfer between DFC camps are subject to a $25.00 transfer fee. All cancelations are subject to a $50.00 cancelation fee. Transfers within one week of the enrolled session will not be permitted. Refunds will not be given for any cancelations made within one week of the enrolled session.

What Campers Should Bring: Campers should come to camp dressed for a full day of fun, games, and pool time. To ensure your child’s item returns home with him/her, please label items with your camper’s name. Every day, campers should bring:

- Play clothes and closed-toed or athletic shoes (no sandals, crocs, flip-flops, or dress shoes)
- Sunscreen, bathing suit, and towel
- Bagged lunch (unless enrolled in the lunch option)

Snacks such as fresh fruit, crackers, and granola bars are provided at mid-morning and mid-afternoon. Please note: The snack bar is not open to campers during camp hours.

What Not to Bring: All campers’ backpacks, lunches, and personal belongings are stored in cubbies at the activities building. Since we have plenty of activities planned throughout the day, campers do not need to bring any toys from home. We ask that your camper not bring any of the following to camp:

- Cell phones, tablets, iPods, handheld video games
- Sporting equipment
- Trading card collections (e.g. Pokemon)
- Water guns and other toys
- Books
Morning Check-in: Campers begin and end their day at the picnic shelter and nearby activity areas. Campers check in at the picnic shelter or by camp staff located in the lower loop of the parking lot. This alternate option provides parents with curbside drop-off, so you do not have to park you car (unless you choose to). Campers who are not enrolled in the morning extended camp option are to be dropped off between 8:30am-9:00am. Checking in campers after this window should be done at the DFC main office. Extended camp check in is done inside the downstairs activities building.

Afternoon Checkout: A parent/guardian or authorized individual whose name is written on the Camper Registration Form are the only people who will be able to sign out a camper. Afternoon checkout will take place at the picnic shelter (or inside the activities building in inclement weather) between 3:15pm and 3:45pm. Signing your child out at any other time must be coordinated and communicated with the Camp Director. Extended camp checkout is done inside the downstairs activities building.

Extended Camp Hours: Parents who wish to drop-off their campers as early as 7:30am and/or pick them up as late as 5:30pm can enroll in extended camp. Due to the varying frequency of children arriving and being picked up, these hours are not as programmed as a normal camp day. Campers will be able to participate in supervised individual or group activities in the activities building, the playground, outdoor basketball courts, and field.

Camp T-shirts: All campers will receive one camp t-shirt which will be distributed on the first Monday of their first session at camp. We ask that campers wear their camp t-shirt on Friday, which is group picture day (unless otherwise noted in the newsletter).

Camp Newsletter: On the Monday two weeks prior to each session, you will be emailed a Camp Newsletter explaining the session’s theme, field trips, special activities, and other pertinent information. Though most activity will take place at the DFC grounds, campers may also utilize outdoor and public spaces on the Duke University campus. Activity schedules will vary by day, time, and group.
**Optional Add-ons**

**Weekly/Daily Lunch Option:** Parents have the option to pre-order bagged lunches for the weeks their child attends camp. All bag lunches will have the following options:

- Choice of sandwich (ham/turkey and cheese or peanut butter and jelly)
- Choice of snacks and fruit (chips, apple slices, granola, etc)
- Choice of drink (bottled water, juice, or Gatorade)

There are three ways to register:

- Pre-register by choosing the bagged lunch option with camp registration ($30/week)
- Register for the bagged lunch option the week before camp or first Monday of camp via e-mail with the camp director ($35/week)
- Register at daily check-in for the daily option ($8/day)

The week before each enrolled session, all parents will receive an e-mail with the weekly lunch menu. If you do not pre-register on your camp registration, you’ll have the option of registering for lunches at this time ($35/week).

**Swim Lessons:** Swim lessons are available to rising 1st-3rd grade campers at an additional cost of $50/week. Swim lessons are held the 30 minutes prior to camp pool time and facilitated by the DFC swim instructors. There will be four lessons in a session (Monday-Thursday), with Friday as a make-up day for days camp could not make it to the pool (e.g. field trips, inclement weather, etc.). No refunds or credits will be provided for missed lessons.
Camper Safety

Inclement Weather: On days of inclement weather, all activities will be moved indoors. Camp staff are trained on where to take the campers in cases of inclement weather and are responsible for indoor activities.

Illness: Please do not bring your child to camp if he/she has a fever or communicable disease. If your child develops the above symptoms while at camp, we will notify you or (if necessary) your emergency contact immediately for pick-up. Your child will remain in a designated quiet area with a DFC staff member until he/she is picked up.

Medications: All prescription and non-prescription medication shall be administered to your child by the camp staff. Campers are not allowed to keep medication in their personal packs/bags or lunch bags. All medication is to be checked in with the camp director each morning and checked out each afternoon, unless you want to leave it at camp for the week. Listed below are the medication guidelines:

- All medication shall be in the original container with the prescription label or direction label attached.
- All medication shall be accompanied by written note containing the permission for the staff to administer the medication, dosage information, and times and dates to be given to the child.

Emergencies: In the case of an emergency or accident involving your child, you or (if necessary) your emergency contact will be notified immediately by a DFC staff member. All members of the camp staff are trained in CPR/AED and First Aid. On your camp registration form, you will list medical conditions that the camp or emergency services personnel may need to know. Please notify us if there are any changes or additions to this information.

Sun Protection: To help beat the heat, DFC camps have built in sunscreen times, frequent water breaks, indoor and shaded activities, and pool time daily. In certain weather conditions, sometimes these efforts are not enough. Some suggestions for helping us keep your child safe in the high temperatures include:

- Applying sunscreen before coming to camp (we re-apply at morning snack time, but it helps to have it on all day)
- Have your child drink water in the evening to rehydrate and in the morning to prepare for a day at camp
- Send a hat with your camper to help keep the sun off their face

Contact Information:

- Duke Faculty Club Main Office (919-684-6672)
- DFC Camp Director, Madi Evans (madi.evans@duke.edu)
Typical Summer Camp Day

The DFC Summer Camp offers your camper a variety of activities ranging from games, to sports, to arts. Each week, they will tackle these activities with a new perspective as we adapt the daily routine to reflect the theme of the week. Please see below for a sample of the daily schedule at DFC Summer Camp.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30-8:30am</td>
<td>Extended camp in the activities building</td>
</tr>
<tr>
<td>8:30-9:00am</td>
<td>Morning check-in and drop-off (curbside or at the picnic shelter)</td>
</tr>
<tr>
<td>9:00-9:30am</td>
<td>Morning rally — games, greetings, multi/large group activities</td>
</tr>
<tr>
<td>9:30-10:00am</td>
<td>Morning snack and small group activity</td>
</tr>
<tr>
<td>10:00-10:30am</td>
<td>Activity 1 (outdoor games, indoor games, crafts, playground)</td>
</tr>
<tr>
<td>10:30-11:00am</td>
<td>Activity 2</td>
</tr>
<tr>
<td>11:00-11:30am</td>
<td>Activity 3</td>
</tr>
<tr>
<td>11:30am-12:00pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:00-12:30pm</td>
<td>Activity 4</td>
</tr>
<tr>
<td>12:30-1:00pm</td>
<td>Group activity or optional swim lessons for 1st-3rd graders</td>
</tr>
<tr>
<td>1:00-2:00pm</td>
<td>Pool time</td>
</tr>
<tr>
<td>2:00-3:00pm</td>
<td>Afternoon snack, group activity, pack up for the day</td>
</tr>
<tr>
<td>3:00-3:15pm</td>
<td>Afternoon rally — all camp games, skits, cheers, counselor challenges</td>
</tr>
<tr>
<td>3:15-3:45pm</td>
<td>Check-out (at the picnic shelter)</td>
</tr>
<tr>
<td>3:45-5:30pm</td>
<td>Afternoon extended camp in the activities building, basketball courts, or playground</td>
</tr>
</tbody>
</table>

Games and Sports: A variety of games are played each day at camp. Organized sports such as soccer, basketball, floor hockey, wiffle ball, and kickball to informal activities such as tag, capture the flag, gaga, four-square and free play are scheduled every day.

Swimming: All campers will spend an hour at the pool each day. Please see the “Optional Programs” section for information about enrolling in swim lessons.

Field Trips/Special Events: On occasion, camp will participate in special events and/or off-grounds field trips. The specifics can be found under the weekly themes section, as well as in the weekly newsletter offered two Mondays prior to the first day of camp. Please contact the Camp Director for specifics.

Nature Activities, Arts & Crafts, and Dance: Throughout the week, campers will participate in hands-on activities that revolve around the week’s theme, nature, and creative endeavors that are interactive and fun.
Weekly Themes

Session 1: Summer Blast-off
June 13-17, 2016

Time to kick off another great summer season at DFC Summer Camp! Connect with old friends and new, and enjoy games, sunshine, and all that make summer so much fun. In addition to the fun and wacky games, campers in Summer Blast-Off week will participate in a variety of creative activities. Crafts will differ depending on a camper’s age group but might include building rockets, making sun catchers, acrylic painting, and more.

Special Event: Carnival and Cookout lunch at the DFC on Friday

Session 2: Wacky Water Week
June 20-24, 2016

When the summer gets hot, there is no better remedy than splash-tacular water fun! From water balloons to slip-and-slides to relay races in the pool, campers in Wacky Water week are guaranteed to stay cool. On Thursday, there will be a giant inflatable slide to keeps things extra-wacky and wet. Friday will feature a water carnival, featuring more water balloons, fun water games, more pool time, and drawing with ice chalk. Following the carnival, we’ll have a camp luau cookout for all campers to enjoy!

Special Event: Carnival and Luau lunch at the DFC on Friday

Session 3: The Great Outdoors
June 27-July 1, 2016

Convene with nature and celebrate all things cool about the outdoors! Campers will go on nature hikes around the DFC, build birdfeeders, and discover hidden treasures in our own backyard.

Special Event: Overnight campout at the DFC on Friday, July 1st.

Friday evening activities will include a cookout, evening games, campfire, and s’mores. We’ll have breakfast in the morning, and Saturday pick-up is 8:00-8:30am. Campers are welcome to participate for all or just a portion of the activities. The modified registration fee for this week is to accommodate for 24 hours of camp programming.
Session 4: Holi-Daze  
July 5-8, 2016

Are holidays your favorite times of the year? Come celebrate some of the best ones with the DFC at this mid-summer bash. On Friday, we’ll have a holiday carnival where we bob for donuts for Halloween, make cupcakes for birthdays, light sparklers for the Fourth of July, and more!

*This camp session will begin Tuesday, July 5. The modified registration fee for this week is to accommodate for the shorter week due to the July 4th holiday on Monday.

Session 5: Art-a-Palooza  
July 11-15, 2016

Let your imagination run wild in Art-a-Palooza week at the DFC! This week will include tie-dying, awesome crafts, a talent show, and many other hands-on activities that encourage fun creativity and exploration... along with the other fun and games Summer Camp has to offer. Examples of crafts campers might participate in are clay creations, lanyard weaving, friendship bracelets, fuse beads, marble painting, paper lanterns, and more!

Special Event: Tie-dying camp t-shirts on Wednesday and DFC Summer Camp talent show on Friday

Session 6: Around the World  
July 18-22, 2016

Travel around the world and explore countries near and far! Campers will have the opportunity to experience a wide variety of cultures through games, crafts, food, and special presentations. We’ll “embark” on a week-long journey to places across the world and play traditional games from every continent.

Special Event: Camp picnic on Friday with campers helping to prepare foods from different countries around the world.
Session 7: X-treme Science
July 25-29, 2016
Get slimy and messy with this fun hands-on week filled with science! A variety of science topics will be explored such as physics, amazing slime, crazy colors, chemistry, and lots more. We’ll “explode” volcanoes, make kites, test our building skills against Jello earthquakes, and compete in the annual summer camp egg drop!

Special Event: Field Trip to NC Museum of Life and Science in Durham.

Session 8: Summerfest
August 1-5, 2016
We’ve got spirit, yes we do! Activities are all about participation, teamwork, competition, sportsmanship, and silly fun! Campers will compete in wacky competitions and exciting challenges that determine who will be Summerfest 2016 champions!

Special Event: Overnight camp out on Friday, August 5 at DFC.
Friday evening activities will include a cookout, Summerfest closing ceremonies, evening games, campfire, and s’mores. We’ll have breakfast in the morning and Saturday pick-up is 8:00-8:30am. Campers are welcome to participate in all or just a portion of the activities. The modified registration fee is to accommodate for extra programming.

Session 9: Wild World of Sports
August 8-12, 2016
Learn and play a variety of sports and games in this new addition to DFC Summer Camp! This week will blend the DFC’s traditional summer and tennis camps with elements and games from both. Each day will feature an introduction to old favorites and brand new sports! Wild World of Sports will culminate in a camp-wide competition on Friday featuring the sports that campers learned and played throughout the week.